

“Seasonal Greetings from TMI”

Message from Brian Peniston, (Director Himalayan Program)

TMI's newest project, the Lake-to-Lake Project is helping distribute over 1,000,000 kg of rice to more than 9,400 families in some of Nepal's poorest districts in mid Western Nepal. With the much-appreciated support from World Food Program (WFP), TMI and local communities have helped construct over 150 village level projects that meet basic needs and help create the foundations for future mountain enterprise since February 2008. This is just the beginning so thank you for your support.



“Lake to Lake: Food for Enterprise”

The “Lake to Lake: Food For Enterprises” Program is being implemented in 3 districts of Kamali Zone by The Mountain Institute under the banner of United Nations World Food Program. The program aims to provide food assistance to food deficit and conflict affected populations in Nepal. Initially it covers 37 Village Development committees of Humla, Mugu, Jumla, and Dolpa districts. Lake-to-Lake uses two mechanisms: Food for work (FFW) and a TMI initiative entitled Food For Enterprises (FFE).



LIVELIHOOD MISSION

WFP Livelihood Evaluation team from Rome has visited Patmara VDC of Jumla district in November 2008 with a goal to evaluate livelihood impact from WFP emergency relief operation. This evaluation will help to formulate policy, which will fully address the livelihood options.



HEALTH CAMP

WFP with joint collaboration of UNEPA, TMI and PHECT organized health camp in three districts with goal to strengthening delivery of essential and reproductive Health, Sexual and Gender based violence, screening HIV/AIDS Awareness Program & Food distribution to Vulnerable Groups to Mugu, Jumla and Dolpa districts. The program was for three to four days depending on the remote areas.

TERRACE IMPROVEMENT

Community has decided to improve the wild terrace along the Karnali river for cultivation of rice, wheat, potatoes and peanuts. The community aim to fulfill the food insecurity by improving this wild terrace. This wild terrace is located in Sarkeghat of Humla district. If they are successful with this project, this will benefit approximately 140 households of Saya VDC.



IRRIGATION SUPPORT

In order to help growth of healthy crops, irrigation supply water to (land or crops) has been supported as part of the food for enterprise. Because of the dry areas and in period of rainfall shortfalls and sometime to plants against frost, an irrigation becomes important. The communities of the project area will benefit from this irrigation system.

MAPs FARMING

Attis (*Aconitum heterophyllum*) has greater demand in the market due to high value medicinal plants as well as it is mainly found in the western Nepal. It has great value for the following purposes:

Cough, fever, energy, keep healthy, and for toothache. Attis grows at 2500 to 3900 m. The communities were interested to cultivate Attis because no one has initiated this cultivation in spite of heavy demands. Hence, they are very eager to practice this cultivation as a pilot program thru food for enterprise programs.



HORTICULTURE FARMING

Local communities of Shrinagar, Jaira and Rodikoti have agreed to maintain horticulture farm to grow apple and bananas as this farm has been one of the most promising agriculture for Humla. This horticulture farm will make substantial contributions to food needs, and plays an important role to raise income. Being labour intensive the farm has been a major source of employment and offers great opportunities. This farm will benefit approximately... hh of Humla.

SCHOOL SUPPORT

Various forms of support such as roofing, building construction and school compounds have been provided to the number of schools in the four DDCs by the food for enterprise project. The school support was very necessary to these people as many schools did not have adequate playgrounds due to lack of school compounds. This programs aims at meeting basic needs in terms of infrastructure especially where the schools are very poor It is also used as the means for children's motivation towards education.

In addition, the schoolteacher at Malika Primary School of Setibada has raised Rs.100 per household to plant trees around the compound and regular clean up of the school areas.



COMMUNITY BUILDING

The food for enterprise program works to build stronger communities by providing support and community building initiatives and helping to connect communities and making them easier to work among themselves,. It involves local people, community *organizations*, working together to achieve agreed social, economic and environmental outcomes. The primary objectives of the community building is to conduct the following programs:

- Users Meeting
- Training and workshops
- Saving and credit programs
- Non-Formal Education and Child school



POTENTIALITY OF THE HOT SPRING

The communities of Piplang are interested to manage natural hot spring for the use of local people for bathing. They believe that this hot spring will cure skin disease and also cure both aching due to coldness. According to local people, they will have festivals held in spring and winter.

This project will benefit approximately 12 VDCs of Humla and Mugu districts. Likewise, it will also help to attract domestic tourism in the area that will bring economic opportunity.





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The Mountain Institute

The Mountain Institute (TMI) is the only organization in the world developed exclusively to addressing the unique needs of conservation and equitable development in mountain communities throughout the world. We measure ourselves by the impact we have in three areas:

1. Conserving high priority mountain eco-systems,
2. Increasing environmentally and culturally sustainable livelihoods for mountain communities,
3. Promoting support for mountain cultures and issues through advocacy, education and outreach.

To ensure the sustainable future of the world's mountains and people, The Mountain Institute's mission is to "Conserve mountain environments," "Improve mountain support

The Mountain Institute's vision is to contribute to a world where mountain and mountain people are valued and understood as integral and important to all the world's ecosystems and to the human populations that live within them; and where thriving mountain communities prosper in ecologically rich mountain environment.

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